



West Calcasieu Cameron Hospital
Your Need, Our Commitment.



CAFÉ MENU
MARCH 10 - 14, 2025

CAFÉ HOURS



BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE



MONDAY:

CHICKEN TORTELLINI ALFREDO; PERSONAL PIZZA;
 OVEN ROASTED PARMESAN SHRIMP (IMPORTED) & BROCCOLI; SALAD BAR; BABY BAKERS;
FRIED GREEN BEANS; HONEY GLAZED CARROTS;  STEAMED ZUCCHINI; GARLIC BREAD

TUESDAY:

HOMEMADE CHILI & BEANS; PULLED PORK SANDWICH;
 MARGHERITA CHICKEN; SALAD BAR; TATOR TOTS;
SEASONED SPINACH;  STEAMED BROCCOLI; CORNBREAD



WEDNESDAY:

PEPPER STEAK; FISH BURGER;
 ASIAN PORK TENDERLOIN; SALAD BAR; RICE; SWEET POTATO CASSEROLE;
FLAT CHIPS; FIELD PEAS;  CHEESY PEPPER BRUSSELS SPROUTS; HONEY YEAST ROLL

THURSDAY:

BEEF LASAGNA; FRIED CHICKEN WINGS;
 SPINACH SAUSAGE PEPPER SOUP; SALAD BAR; MACARONI & CHEESE;
POTATO WEDGE FRIES; BUTTERED CORN;  STEAMED CARROTS; GARLIC BREAD

FRIDAY:

FRIED CATFISH;  HONEY SRIRACHA CHICKEN THIGHS;
SALAD BAR; TUNA SALAD; HUSHPUPIES; POTATO SALAD;
 OVEN ROASTED GREEN BEANS; ROLL



Work Well to Live Well


LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.