



West Calcasieu Cameron Hospital
Your Need, Our Commitment.

CAFÉ MENU
APRIL 7 - 11, 2025

CAFÉ HOURS



BREAKFAST	Monday - Friday	6:30 AM - 9:30 AM	Saturday/Sunday	7 AM - 9:30 AM
LUNCH	Monday - Friday	11 AM - 1:30 PM	Saturday/Sunday	11 AM - 1 PM

MENU SUBJECT TO CHANGE



MONDAY:

BAKED CHICKEN; PERSONAL SUPREME PIZZAS;
 MAPLE & GARLIC PORK TENDERLOIN; SALAD BAR; FRIED GREEN BEANS;
MACARONI & CHEESE; SLICED CARROTS;  PORTOBELLO PIZZA; GARLIC BREAD

TUESDAY:

GRILLED HAMBURGER STEAK WITH ONIONS & GRAVY; FRIED PORK CUTLETS & WHITE GRAVY;
 FIRECRACKER SHRIMP (IMPORTED) & BROCCOLI; SALAD BAR; BATTERED MUSHROOMS;
MASHED POTATOES; GREEN BEAN CASSEROLE;  SAVORY ZUCCHINI STICKS;
HONEY YEAST ROLL



WEDNESDAY:

BEEF CHIMICHANGAS; HAM & CHEESE CROISSANT;
 CHICKEN FAJITA CASSEROLE; SALAD BAR; FLAT CHIPS; BABY BAKERS; REFRIED BEANS;
 CILANTRO LIME CAULIFLOWER; ROLL

THURSDAY:

SPAGHETTI & MEATSAUCE; CHICKEN TENDERS & WHITE GRAVY;
 GREEK FETA TURKEY BURGER; SALAD BAR; FRIES; BAKED POTATO CASSEROLE;
BUTTERED CORN;  GRILLED ROMAINE; GARLIC BREAD

FRIDAY:

GRILLED CHEESE SANDWICH ON TEXAS TOAST; TOMATO SOUP;  ALMOND CRUSTED COD;
SALAD BAR; TUNA SALAD; POTATO WEDGE FRIES;
 CAPRESE BAKED AVOCADO; ROLL



LOOK FOR OUR WORK WELL LOGO ON OUR CAFÉ MENU AND IN OUR CAFETERIA! OUR WORK WELL LOGO ENTREES HAVE < 350 CAL; < 20 G CARBOHYDRATES; ~20 G PROTEIN; AND ARE PART OF A 2000 MG/DAY SODIUM DIET. OUR WORK WELL VEGETABLES ARE PREPARED WITH NO ADDED SALT OR OILS. ALL WORK WELL GRAB & GO ITEMS ARE DIETITIAN APPROVED.